

**SUNVALE PLACE VILLA
CONDO CORPORATION # 1513108
PO Box 45042 HIGHWOOD PO
HIGH RIVER, AB T1V 1R7
svpcondoboard@gmail.com**

March 15, 2020

TO: All Owners and Tenants

RE: Covid 19

Due to the rapidly evolving coronavirus (COVID-19) situation, we would like you to know that the health and well being of our neighbours and friends is of the utmost importance.

Unfortunately, most of us living here in our Villa, are considered amongst the most vulnerable to be affected by this virus.

If you do feel ill, we (Albertans) are asked to call Health Link # **811**, they will assess you and if need be direct you to the nearest clinic.

We would like to encourage you check up on your neighbour, if able, just a simple phone call, they may need comfort through conversation. Volunteer to help those who may be infected by picking up groceries, prescriptions etc. No contact will be necessary, items can be dropped at the door.

Please do not hesitate to call us if you need assistance, if you are willing to be a volunteer (if it comes to that) or you have more questions.

Page 2 contains information taken from AB Chief Medical Office website along with our phone numbers (those who are on site).

Respectfully

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Information on Prevention, Symptoms and Transmissions come from AB Chief Medical Office:

<https://www.alberta.ca/coronavirus-info-for-albertans.aspx?gclid=CjwKCAjwgbLzBRBsEiwAXVlygEJhXlQqjNmcQx2ga4bGQWe7ry6geeHn8g73yvEYXW SawBd-ARhu8hoC1 EQAvD BwE#p22780s1>

Prevention:

- * **wash hands often**
- * **cover coughs and sneezes**
- * **clean and disinfect your home**
- * **avoid touching face with unwashed hands**
- * **avoid crowds**
- * **stay home and away from others if sick or in isolation**
- * **avoid travel outside Canada**

Symptoms:

- * **dry cough**
- * **fever**
- * **fatigue/extreme tiredness**

Symptoms of serious illness include:

- * **difficulty breathing**
- * **pneumonia**

Transmission through person-to-person spread by:

- * **larger droplets, like from a cough or sneeze**
- * **touching contaminated objects or surfaces, then touching your eyes, nose or mouth**

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